



# Launceston Social Outings Spring 2019

**WEST LAUNCESTON, HADSPEN, LONGFORD & SURROUNDS \***

## Get out and meet new people

CTST offers social outings for our clients eligible for aged care services.

If you or a loved one would like to get out and about, meet new people and have more fun, why not get involved in one or more of our social outings by phoning **1800 781 033** to book your trip.

Places are limited so please book early to avoid missing out.

If you are not currently a client and would like to know more about social outings or about using the service, please phone **1800 781 033**.

### Some key points for you to follow and reminders for the day

- If you have any medications, please remember to take them with you
- Not all activities may be suitable for everyone
- To comply with government service obligations, CTST offers transport only. Any activities you undertake while on a social outing destination are done on an 'at your own risk' basis.
- We make every effort to ensure a location is suitable. However, from time to time we may need to change the location, due to unforeseen circumstances.
- If you want to stop at a specific location along the way, feel free to ask the driver who will endeavour to accommodate your request if possible.
- Please bring money for additional activities such as lunch, etc.
- All outings include a stop for lunch and morning or afternoon tea.
- Please remember to dress for the weather and any activities you may wish to undertake during your day out.
- **The cost of transport is \$10 unless otherwise stated.**
- **All social outings will be invoiced.**

Phone: **1800 781 033**

Email: **outings@ctst.org.au** | Web: **www.ctst.org.au**

\* Due to the popularity of social outings in the Greater Launceston area, we are picking up from different areas on different days of the week. This will ensure as many people as possible get the opportunity to go on an outing and it is a pleasant and comfortable day for everyone. As with everything we do, CTST would love your feedback on the Spring calendar. Please send any comments or suggestions to **feedback@ctst.org.au**



## Launceston

### WEST LAUNCESTON, HADSPEN, LONGFORD & SURROUNDS Social Outings — Spring 2019

Bookings: **1800 781 033**  
Email: **outings@ctst.org.au**

## Tuesdays

### Tuesday 3 September

8-8.30 am – 4 pm

Today we are heading to Deloraine to visit the Yarns Silk Artwork and Folk Museum.

We will have lunch at the Deloraine Hotel before doing some shopping.

Accessible toilets are available at all stops. We will depart Deloraine at 3 pm to arrive back in Launceston no later than 4 pm.

Light activity. \$8 entry.



### Tuesday 10 September

8-8.30 am – 5 pm

Today we will head to Notley Fern Gorge State Reserve to view the spring flowers before heading to Rosevears for a meal.

Accessible toilets are available at all stops.

We will depart to arrive back in Launceston no later than 5 pm.

Light activity.



### Tuesday 17 September

8-8.30 am – 6 pm

Today will be a long day. We're off to Hobart to Eastlands for lunch and a spot of shopping.

We'll have a quick stop in Campbell Town and Kempton for rest breaks and optional morning tea.

We will depart to arrive back in Launceston no later than 6 pm.

Long day. Light activity.



### Tuesday 24 September

8-8.30 am – 5 pm

An exciting trip to Springfield to visit a real, working Amish farm – that has a cute little tea room where they serve delicious homemade goodies.

We will stop for a rest break on the way there and back. Return trip departs to arrive back in Launceston around 5 pm.

Light activity.

### Tuesday 1 October

8-8.30 – 4 pm

Today we head to Westbury Maze and Café, with over 3,000 English, Privet Hedges over 2 metres tall. Find the hidden lookout and then try to find your way back out!

Morning and afternoon tea and light lunches at the café.

Accessible toilets available at all stops. We will arrive back in Launceston around 4 pm.

Moderate activity. \$12 Maze entry.

### Tuesday 8 October

8-8.30 am – 5 pm

Today we head to the Gladstone Hotel for an early lunch before visiting the Cape Portland Wind Farm.

We will stop on our way to and from for rest breaks.

We will return you home to Launceston around 5 pm.

Light activity.



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## Tuesdays

### Tuesday 15 October

8-8.30 am – 6.30 pm

Today will be a very long day. We will head to the ever-popular Tulip farm in Wynyard. Elizabeth Town is our stop for morning tea. There is a café at the Tulip farm to buy lunch as well as toilets and a shop to purchase tulips from. This trip include rest stops in Elizabeth Town and Ulverstone. We will arrive back in Launceston around 6.30 pm.

Long day. Light activity.

### Tuesday 5 November

8-8.30 am – 5 pm

**Emu Valley Rhododendron Gardens** – Stop in Latrobe for a bite to eat and a toilet break before continuing to the gardens. Then we head into Burnie for a late lunch/afternoon tea and a spot of shopping before returning to arrive back in Launceston around 5 pm.

Light activity. \$12 entry fee.



### Tuesday 26 November

8-8.30 am – 4 pm

Today we head down the Tamar for a stroll along Greens Beach and then visit the Riviera Hotel for lunch. Accessible toilets are available at all stops. We will arrive back in Launceston around 4 pm.

Low activity.

### Tuesday 22 October

8-8.30 am – 5 pm

Today we are off to Ulverstone to visit the Tasmanian Pickled onion tasting center and café before heading into Ulverstone for lunch at the Lighthouse Hotel and a spot of shopping. This trip includes a rest stop in Elizabeth Town. We will arrive back in Launceston around 5 pm.

Light activity.

### Tuesday 12 November

8-8.30 am – 5 pm

Today we take a scenic drive to Palooona Dam, back to Lillico for morning tea at Mason's Fuchsia Fantasy then in to Devonport for a spot of shopping and lunch. Accessible toilets are available at all stops. We will arrive back in Launceston around 5 pm.

Low activity.

### Tuesday 29 October

8-8.30 am – 5 pm

Today we will visit Turners Beach Berry patch. Enjoy an ice cream, their farm shop or even pick your own berries. We will then head into Devonport for some shopping. This trip includes a rest stop in Elizabeth Town. We will arrive back in Launceston around 5 pm.

Light to moderate activity.

### Tuesday 19 November

8-8.30 am – 5 pm

Today we visit Longford Berries. Pick your own berries and have a delicious morning tea in their café. We then have lunch and a spot of shopping in Longford. Accessible toilets are available at all stops. We will arrive back in Launceston around 5 pm.

Low activity.