



East Coast Social Outings Spring 2019

Bicheno, Swansea, St Mary's

Get out and meet new people

CTST offers social outings for our clients eligible for aged care services.

If you or a loved one would like to get out and about, meet new people and have more fun, why not get involved in one or more of our social outings by phoning **1800 781 033** to book your trip.

Places are limited so please book early to avoid missing out.

If you are not currently a client and would like to know more about social outings or about using the service, please phone **1800 781 033**.

Some key points for you to follow and reminders for the day

- If you have any medications, please remember to take them with you
- Not all activities may be suitable for everyone
- To comply with government service obligations, CTST offers transport only. Any activities you undertake while on a social outing destination are done on an 'at your own risk' basis.
- We make every effort to ensure a location is suitable. However, from time to time we may need to change the location, due to unforeseen circumstances.
- If you want to stop at a specific location along the way, feel free to ask the driver who will endeavour to accommodate your request if possible.
- Please bring money for additional activities such as lunch, etc.
- All outings include a stop for lunch and morning or afternoon tea.
- Please remember to dress for the weather and any activities you may wish to undertake during your day out.
- The cost of transport is \$10 unless otherwise stated.
- All social outings will be invoiced.

Phone: **1800 781 033**

Email: outings@ctst.org.au | Web: www.ctst.org.au





East Coast Social Outings Spring 2019

Tuesdays

Bicheno, Swansea, St Mary's

Tuesday 3 September

7-7.30 am – 5 pm

Today we head to Westbury Maze and Café. Westbury Maze is made up of over 3,000 English, Privet Hedges standing over 2 metres tall. The challenge is to find the hidden lookout and then try to find your way back out!

The café serves good, old-fashioned morning and afternoon tea, plus light lunches at a very reasonable price.

We'll stop in Epping Forest for a rest break and will arrive back on the East Coast around 5 pm.

Moderate activity. \$12 Maze entry.

Tuesday 24 September

7-7.30 am – 5 pm

An exciting trip to Springfield to visit a real, working Amish farm – that has a cute little tea room where they serve delicious homemade goodies.

We will stop in Perth and Myrtle Park for a rest break on the way there and back.

Return trip departs to arrive back on the East Coast around 5 pm.

Light activity.

Tuesday 10 September

7-7.30 am – 5 pm

Today we are off to New Norfolk. Spend the day shopping and eating and wandering around the township however you wish.

Return trip departs to arrive back on the East Coast around 5 pm.

There will be an opportunity to stop in Orford for morning tea and a rest break.

Light activity.

Tuesday 1 October

7-7.30 am – 5 pm

Coles Bay

For something a little different, we will stay on the East Coast and visit Coles Bay to spend a beautiful spring day meal at the Illuka Tavern.

Then we're going to visit the Ice Creamery for a decadent dessert!

The group will depart Coles Bay at 3.30 pm.

Low activity.

Tuesday 17 September

7-7.30 am – 5 pm

Launceston Lanes

Join in the fun at Ten Pin Bowling in Launceston, followed by lunch at the Kings Meadows Hotel and a scenic drive home.

We will stop in Epping Forest on the way there and back for rest breaks.

We'll depart to arrive back on the East Coast around 5 pm.

High activity. \$14.90 per game or \$19.90 for two. Shoe hire \$2.

Tuesday 8 October

7-7.30 am – 6.30 pm

Today will be a very long day.

We're going to visit the ever-popular Tulip farm in Wynyard.

We will stop in Elizabeth Town for morning tea and there is a café with accessible amenities to buy lunch from at the farm – with a shop where you can purchase tulips.

This trip will include stops in Fingal, Elizabeth Town, and Burnie for rest breaks.

Arrival back on the East Coast will be around 6.30 pm.

Long day. Light activity. \$12 entry.



East Coast Social Outings Spring 2019

Tuesdays

Bicheno, Swansea, St Mary's

Tuesday 15 October

7-7.30 am – 5 pm

Today we are heading to Deloraine to visit the Yarns Silk Artwork and Folk Museum.

We'll have lunch at the Deloraine Hotel before doing some shopping.

A rest break in Fingal where accessible toilets are available – as at all of the stops. Return trip departs Deloraine around 2 pm, to arrive back on the East Coast around 5 pm.

Light activity. \$8 entry.

Tuesday 22 October

7-7.30 am – 5 pm

Today we're going to visit the National Rose Garden at Woolmer's Estate, Longford.

We will enjoy lunch at the restaurant on site – Marjorie's Restaurant.

Rest breaks will be at Epping Forest on the way there and back.

We'll depart to arrive back on the East Coast around 5 pm.

Light activity.

Tuesday 29 October

7-7.30 am – 5 pm

Today we're going to visit the Tasmanian Copper & Metal Art Gallery in Carrick.

We'll head to Westbury Hotel for lunch before doing some shopping at the new IGA complex.

There will be stops in Epping Forest for rest breaks.

Return trip departs to arrive back on the East Coast around 5 pm.

Light activity.

Tuesday 5 November

7-7.30 am – 5 pm

Wychwood Gardens

Take a trip to Wychwood Garden and Nursery – a temperate climate, rare-plant nursery and garden.

This trip will include morning tea at Café Bozzey Mole Creek, and lunch at The Empire Hotel in Deloraine.

We will stop in Perth for rest breaks.

Trip departs to arrive back on the East Coast around 5 pm.

Light activity.

Tuesday 12 November

7-7.30 am – 5 pm

Come along as we visit the ever-popular Launceston Country Club Casino.

Spring is a beautiful time to sit outside and enjoy a meal with friends.

Afterwards we'll head further into the city of Launceston to do a spot of shopping.

We will stop for a rest break at Epping Forest. Trip departs to arrive back on the East Coast around 5 pm.

Low activity.

Tuesday 19 November

7-7.30 am – 5 pm

Today we head to Dunalley. Visit the Tasman Monument Historic site and stop for lunch at the Dunalley Hotel.

We will stop in Orford for a rest break on the way there and back and will arrive back on the East Coast around 5 pm.

Tuesday 26 November 7-7.30 am – 5 pm

Longford — Today we will visit Longford Berries. Pick your own berries and have a delicious morning tea in their café. We will then spend some time having lunch and shopping in Longford before departing there to arrive back on the East Coast around 5 pm. We will stop for a rest break in Epping Forest. Light to moderate activities available.