



EAST COAST Social Outings Spring 2019

St Helens - St Marys - Fingal - Campbell Town

Get out and meet new people

CTST offers social outings for our clients eligible for aged care services.

If you or a loved one would like to get out and about, meet new people and have more fun, why not get involved in one or more of our social outings by phoning **1800 781 033** to book your trip.

Places are limited so please book early to avoid missing out.

If you are not currently a client and would like to know more about social outings or about using the service, please phone **1800 781 033**.

Some key points for you to follow and reminders for the day

- If you have any medications, please remember to take them with you
- Not all activities may be suitable for everyone
- To comply with government service obligations, CTST offers transport only. Any activities you undertake while on a social outing destination are done on an 'at your own risk' basis.
- We make every effort to ensure a location is suitable. However, from time to time we may need to change the location, due to unforeseen circumstances.
- If you want to stop at a specific location along the way, feel free to ask the driver who will endeavour to accommodate your request if possible.
- Please bring money for additional activities such as lunch, etc.
- All outings include a stop for lunch and morning or afternoon tea.
- Please remember to dress for the weather and any activities you may wish to undertake during your day out.

- The cost of transport is \$10 unless otherwise stated.
- All social outings will be invoiced.

Phone: **1800 781 033**

Email: outings@ctst.org.au | Web: www.ctst.org.au





East Coast Social Outings Spring 2019

Mondays

St Helens, St Marys, Fingal, Campbell Town

Monday 2 September

7-7.30 am – 5 pm

Today we are heading to Deloraine to visit the Yarns Silk Artwork and Folk Museum.

We'll have lunch at the Deloraine Hotel before doing some shopping.

A rest break in Fingal where accessible toilets are available – as at all of the stops. Return trip departs Deloraine around 2 pm, to arrive back on the East Coast around 5 pm.

Light activity. \$8 entry.

Monday 9 September

7-7.30 am – 5 pm

An exciting trip to Springfield to visit a real, working Amish farm – that has a cute little tea room where they serve delicious homemade goodies.

We will stop in Campbell Town and Myrtle Park for a rest break on the way there and back. Return trip departs to arrive back on the East Coast around 5 pm.

Light activity.

Monday 16 September

7-7.30 am – 5 pm

Today we head to Westbury Maze and Café. Westbury Maze is made up of over 3,000 English, Privet Hedges standing over 2 metres tall. The challenge is to find the hidden lookout and then try to find your way back out! The café serves good, old-fashioned morning and afternoon tea, plus light lunches at a very reasonable price.

We'll stop in Fingal and Perth for a rest break and will arrive back on the East Coast around 5 pm.

Moderate activity. \$12 Maze entry.

Monday 23 September

7-7.30 am – 5 pm

Today we are off to New Norfolk. Spend the day shopping and eating and wandering around the township however you wish.

Return trip departs to arrive back on the East Coast around 5 pm.

There will be an opportunity to stop in Perth & Kempton for rest breaks on the way to and from New Norfolk.

Light activity.

Monday 30 September

7-7.30 am – 5 pm

Today we're going to visit the Tasmanian Copper & Metal Art Gallery in Carrick.

We'll head to Westbury Hotel for lunch before doing some shopping at the new IGA complex.

There will be stops in Fingal and Perth for rest breaks.

Return trip departs to arrive back on the East Coast around 5 pm.

Light activity.

Monday 7 October

7-7.30 am – 6.30 pm

Today will be a very long day.

We're going to visit the ever-popular Tulip farm in Wynyard.

We will stop in Elizabeth Town for morning tea and there is a café with accessible amenities to buy lunch from at the farm – with a shop where you can purchase tulips.

This trip will include stops in Fingal, Elizabeth Town, and Burnie for rest breaks.

Arrival back on the East Coast will be around 6.30 pm.

Long day. Light activity. \$12 entry.



East Coast Social Outings Spring 2019

Mondays

St Helens, St Marys, Fingal, Campbell Town

Monday 14 October

7-7.30 am – 5 pm

Launceston Lanes

Join in the fun at Ten Pin Bowling in Launceston, followed by lunch at the Kings Meadows Hotel and a scenic drive home.

We will stop in Fingal and Perth on the way there and back for rest breaks.

We'll depart to arrive back on the East Coast around 5 pm.

High activity. \$14.90 per game or \$19.90 for two. Shoe hire \$2.

Monday 11 November

7-7.30 am – 5 pm

Come along as we visit the ever-popular Launceston Country Club Casino.

Spring is a beautiful time to sit outside and enjoy a meal with friends.

Afterwards we'll head further into the city of Launceston to do a spot of shopping.

We will stop in Perth for a rest break.

Trip departs to arrive back on the East Coast around 5 pm.

Low activity.

Monday 21 October

7-7.30 am – 5 pm

Today we're going to visit the National Rose Garden at Woolmer's Estate, Longford.

We will enjoy lunch at the restaurant on site – Marjorie's Restaurant.

Rest breaks will be at Avoca on the way there and back.

We'll depart to arrive back on the East Coast around 5 pm.

Light activity.

Monday 18 November

7-7.30 am – 5 pm

Wychwood Gardens

Take a trip to Wychwood Garden and Nursery – a temperate climate, rare-plant nursery and garden.

This trip will include morning tea at Café Bozzey Mole Creek, and lunch at The Empire Hotel in Deloraine.

We will stop in Fingal and Perth for rest breaks.

Trip departs to arrive back on the East Coast around 5 pm.

Light activity.

Monday 28 October

7-7.30 am – 5 pm

Coles Bay

For something a little different, we will stay on the East Coast and visit Coles Bay to spend a beautiful spring day meal at the Illuka Tavern.

Then we're going to visit the Ice Creamery for a decadent dessert!

The group will depart Coles Bay at 3.30 pm.

Low activity.

Monday 25 November

7-7.30 am – 5 pm

Longford

Today we will visit Longford Berries.

Pick your own berries and have a delicious morning tea in their café.

We will then spend some time having lunch and shopping in Longford before departing there to arrive back on the East Coast around 5 pm.

We will stop for a rest break in Fingal.

Light to moderate activities available.