



Circular Head CTST Outings Spring 2019

Get out and meet new people

CTST offers social outings for our clients eligible for aged care services.

If you or a loved one would like to get out and about, meet new people and have more fun, why not get involved in one or more of our social outings by phoning **1800 781 033** to book your trip.

Places are limited so please book early to avoid missing out.

If you are not currently a client and would like to know more about social outings or about using the service, please phone **1800 781 033**.

Some key points for you to follow and reminders for the day

- If you have any medications, please remember to take them with you
- Not all activities may be suitable for everyone
- To comply with government service obligations, CTST offers transport only. Any activities you undertake while on a social outing destination are done on an 'at your own risk' basis.
- We make every effort to ensure a location is suitable. However, from time to time we may need to change the location, due to unforeseen circumstances.
- If you want to stop at a specific location along the way, feel free to ask the driver who will endeavour to accommodate your request if possible.
- Please bring money for additional activities such as lunch, etc.
- All outings include a stop for lunch and morning or afternoon tea.
- Please remember to dress for the weather and any activities you may wish to undertake during your day out.

- The cost of transport is \$10 unless otherwise stated.
- All social outings will be invoiced.

Phone: **1800 781 033**

Email: outings@ctst.org.au | Web: www.ctst.org.au





Circular Head Social Outings Spring 2019, September

Monday, 2 September – 8 am to around 5-5.30 pm

Join us as we travel to Beauty Point for lunch at the Riviera Hotel situated on the beautiful Tamar River, stopping at Blue Berry Barn Café for morning tea. Return home via a scenic drive along the Frankford Highway. Pickups around 8.00 am. Return trip departs Beauty Point around 2 pm, to arrive back 5–5.30 pm. Accessible toilets available at all stops. **Light activity level.**

Thursday, 5 September – 9 am to around 5-5.30 pm

Pop into Sheffield to admire the latest murals after a scenic drive through Railton's topiary with morning tea/brunch at your choice of one of the delightful Sheffield eateries. Return to Ulverstone 1.30 pm for an enjoyable afternoon hearing the Senior Citizens' Choir (with guest performers). Pickups around 9 am. Return trip departs Ulverstone 4 pm, arrive back 5-5.30 pm. Accessible toilets available at all stops. **Light activity level. Afternoon tea and entry \$5.**

Monday, 9 September – 8 am to around 4.30-5 pm

Take a trip to Villarett Gardens in Railton, stop for some morning tea, and then on to lunch at the Mole Creek Pub. The gardens should be spectacular at this time of year! Pickups around 8 am. Return trip departs Mole Creek around 2 pm, to arrive back 4.30-5 pm. Accessible toilets available at all stops. **Light activity level. Morning tea \$7.**

Monday, 16 September – 8 am to around 5-5.30 pm

Today we head off to historic Campbelltown with its impressive collection of colonial buildings, antique and specialty shops. Morning tea will be at Christmas Hills Raspberry Farm. Lunch will be at your choice of venue. Departing Campbelltown around 2 pm. Accessible toilets are available at all stops. **Low activity level.**

Monday, 23 September – 8.30 am to around 4.30-5 pm

We'll visit the Arboretum at Spreyton for morning tea, and then on to Sheffield for a spot of shopping or strolling. Lunch at Sheffield Hotel then a scenic drive over rolling farmland home. Pickups around 8.30 am. Return trip departs Sheffield 2 pm, arrive back around 4.30-5 pm. Accessible toilets available at all stops. **Light activity level. Entry \$6**



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Circular Head Social Outings Spring 2019, October

Thursday, 3 October – 8.30 am to around 5-5.30 pm

Ever so popular Latrobe is a favourite destination for some shopping or a poke around Reliquaire and the likes. Morning tea of your choice, then off to Ulverstone for the afternoon, listening to the Senior Citizens Choir with guest performers 1.30-3.30 pm. Pickups around 8.30 am. Return trip departs Ulverstone around 4 pm, arrive back around 5-5.30 pm. Accessible toilets available at all stops. **Light activity level. Afternoon tea and entry \$5.**

Monday, 7 October – 8 am to around 5-5.30 pm

Join us for a spring garden shopping fix and light lunch at Launceston's Glebe Gardens. Enjoy a stroll around the extensive garden and gift shop. Morning tea on the way in Deloraine at the 50's Diner. Pickups around 8 am. Return trip departs Launceston 2 pm, to arrive back 5-5.30 pm. Accessible toilets available at all stops. **Moderate activity level.**

Monday, 14 October – 8.30 am to around 4.30-5 pm

Join us for a day in stunning Port Sorell with morning tea at the acclaimed Ghost Rock Vineyard, followed by a drive around the picturesque town and surrounds. Lunch at the Shearwater Resort. Pickups from 8.30 am. Return trip departs Shearwater for a leisurely drive home at 2 pm, to arrive back 4.30-5 pm. Accessible toilets available at all stops. **Low activity level.**

Monday, 21 October – 8 am to around 5-5.30 pm

Today we're off to Poatina to visit the fabulous attractions on offer: Tiers Tea Lounge, View Café and Restaurant, Poatina Tree Art Gallery, Alethea Mountain Retreat Arts Centre, and Poatina Glass Studio. Morning tea at Deloraine Deli and lunch at Poatina Chalet. Pickups around 8 am. Return trip departs Poatina 2.30 pm, to arrive back 5-5.30 pm. Accessible toilets available at all stops. **Light activity level.**

Monday, 28 October – 8 am to around 5-5.30 pm

Christmas is just around the corner so today we're off to Launceston to shop! Morning tea at Windows on Westella. Lunch of your choice at Morty's Food Court Complex. Pickups from 8 am. Return departs Launceston 2 pm, to arrive back 5-5.30 pm. Accessible toilets available at all stops. **Light activity level.**



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Circular Head Social Outings Spring 2019, November

Friday, 1 November – 8 am to around 4-4.30 pm

Meet the makers at the Tasmania Craft Fair at Deloraine – Australia's largest working craft fair. Pickups around 8 am. Return trip departs Deloraine 2 pm, to arrive back 4-4.30 pm. Accessible toilets available at all stops. **Medium activity level.** Entry \$17 (\$15 if bought online before 30 September).

Tuesday, 5 November – 9.30 am to around 4-4.30 pm

Today we head to the ever-popular wild west for a trip to Arthur River. Morning tea at Redpa Store Café, and a delightful lunch at Marrawah Tavern. Pickups around 9.30 am. Return trip departs Marrawah 2.30 pm, arrive back 4-4.30 pm. Accessible toilets available at all stops. **Light activity level.**

Thursday, 7 November – 8.30 am to around 5-5.30 pm

After a morning in Ulverstone, spend an enjoyable afternoon listening to the Senior Citizens Choir with guest performers 1.30-3.30 pm. Light morning tea at Wivenhoe Bakery. Pickups around 8.30 am. Return trip departs Ulverstone 4 pm, to arrive back 5-5.30 pm. Accessible toilets available at all stops. **Light activity level.** Afternoon tea and entry \$5.

Monday, 11 November – 8.30 am to around 4.30-5 pm

Emu Valley Rhododendron Gardens are bursting with spring colour! Enjoy morning tea in the gardens' café before a walk around the garden. Lunch at Neptune Hotel, Penguin. Pickups around 8.30 am. Return trip departs Penguin 2.30 pm, to arrive back 4.30-5 pm. Accessible toilets available at all stops. **Medium activity level (some motorised transport available in the gardens).** Entry \$10.

Monday, 18 November – 8 am to around 5-5.30 pm

Ships ahoy! Today we're off to explore all things nautical in George Town and Low Head. Morning tea stop at Blue Berry Café at Frankford, before venturing on to visit the Wooden Boat Centre at Bass and Flinders Centre, George Town and then along to Low Head and the Pilot Station and Maritime Museum. Lunch will be at Gray's George Town Hotel. Pickups around 8.30 am. Return trip departs George Town 2 pm, to arrive back 4-4.30 pm. Accessible toilets are available at all stops. **Light activity level.** Entry \$8.

Monday, 25 November – 8 am to around 5-5.30 pm

Christmas is just around the corner, so we're off to Launceston for all your shopping needs! Morning tea at ETC Bakery, Elizabeth Town. Lunch at Star Bar Café and Hotel. Pickups around 8 am. Return trip departs Launceston 2 pm, to arrive back 5-5.30 pm. Accessible toilets available at all stops. **Light activity level.**

