



Cygnet Social Outings Spring 2019

Get out and meet new people

CTST offers social outings for our clients eligible for aged care services.

If you or a loved one would like to get out and about, meet new people and have more fun, why not get involved in one or more of our social outings by phoning **1800 781 033** to book your trip.

Places are limited so please book early to avoid missing out.

If you are not currently a client and would like to know more about social outings or about using the service, please phone **1800 781 033**.

Some key points for you to follow and reminders for the day

- If you have any medications, please remember to take them with you
 - Not all activities may be suitable for everyone
 - To comply with government service obligations, CTST offers transport only. Any activities you undertake while on a social outing destination are done on an 'at your own risk' basis.
 - We make every effort to ensure a location is suitable. However, from time to time we may need to change the location, due to unforeseen circumstances.
 - If you want to stop at a specific location along the way, feel free to ask the driver who will endeavour to accommodate your request if possible.
 - Please bring money for additional activities such as lunch, etc.
 - All outings include a stop for lunch and morning or afternoon tea.
 - Please remember to dress for the weather and any activities you may wish to undertake during your day out.
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- The cost of transport is \$10 unless otherwise stated.
 - All social outings will be invoiced.

Phone: **1800 781 033**

Email: outings@ctst.org.au | Web: www.ctst.org.au





Cygnnet Social Outings Spring 2019

Bookings: **1800 781 033**
Email: **outings@ctst.org.au**

Thursdays

Thursday 5 September

8.30 - 9 am until 3 pm

We are off to **Federation Artisan Chocolate** on the Tasman Peninsula for chocolate! Melted, hand-mixed and moulded using the old-style methods. Sample chocolate, fudge, and nougat – with a free tasting before touring the factory.

Stops for facilities available on the way. We arrive back in Cygnnet by 3 pm. **Low activity.**



Thursday 3 October

8.30 - 9 am until 3 pm

Best Meal in Town, Dover

The Dover RSL has the best lunches in the whole township. Spend the day out enjoying great food, and even better scenery on the picturesque drive to the south of our island state.

Stops for facilities available on the way. We arrive back in Cygnnet by 3 pm. **Low activity.**

Thursday 12 September

8.30 - 9 am until 3 pm

Woodbridge Hill Handweaving Studio

Experience weaver's work at the loom and enjoy a colourful display of hand-spun, hand-dyed, knitted and woven pieces.

Stops for facilities available on the way. We arrive back in Cygnnet by 3 pm. **Low activity.**

Thursday 19 September

8.30 - 9 am until 3 pm

Inverawe Native Gardens

Today we are off to explore this sustainable garden. You'll scent the faint aroma of the essential oils found in native plants. Check out the secret garden and the sculpture garden and take tea on the terrace.

Stops for facilities available on the way. We arrive back in Cygnnet by 3 pm. **Light activity.**

Thursday 26 September

8.30 - 9 am until 3 pm

Coal Mines Historic Site, Saltwater River

Visit an outstanding example of the 19th century European, global strategy of using the forced labour of convicts. The coal mines are one chapter in the epic story of the Tasmanian convicts' and their transportation from England.

Stops for facilities available on the way. We arrive back in Cygnnet by 3 pm. **Light activity.**

Thursday 10 October

8.30 - 9 am until 3 pm

Derwent Valley Excursion

Come on a fun trip to the beautiful Derwent Valley. You can stop at the Salmon Ponds and enjoy the beautiful gardens, or just enjoy a wander around the shops of New Norfolk.

Stops for facilities available on the way. We arrive back in Cygnnet by 3 pm. **Low activity.**

Thursday 17 October

8.30 - 9 am until 3 pm

Tas Bushland Garden, Buckland

Come and explore one of the few public gardens in Tasmania devoted entirely to Tasmanian native plants. Located next door to Pulchella Nursery.

Stops for facilities available on the way. We arrive back in Cygnnet by 3 pm. **Light activity.**

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Thursdays

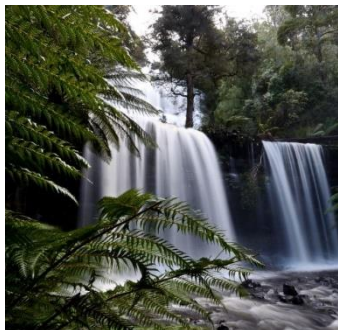
Thursday 24 October

8.30 - 9 am until 3 pm

Russell Falls

One of Tasmania's most treasured places. The Falls delight every visitor and can be reached by a very easy walking track. The restaurant offers a good variety of hot and cold dishes.

Stops for facilities available on the way. We arrive back in Cygnnet by 3 pm. **Moderate activity.**



Thursday 14 November

8.30 - 9 am until 3 pm

Frank's Cider House & Café

This great little café, set up in an historic church hall, is located – as the name suggests – in the Huon Valley village of Franklin.

Enjoy free tastings of fruit ciders or apple cider. Scones and light lunches available in the café.

Stops for facilities available on the way if required.

We arrive back in Cygnnet by 3 pm. **Low activity.**

Thursday 31 October

8 am until 3 pm

The Wall – Derwent Bridge

Step into a story, an inspirational tale carved from the mountains and rivers of the Central Highlands of Tasmania.

The Wall is being carved from three-metre high wooden panels and tells the history of the harsh Central Highlands region.

Stops for facilities available on the way. We arrive back in Cygnnet by 3 pm.

Light activity. Admission \$15



Thursday 21 November

8.30 - 9 am until 3 pm

Pontville — where history and the River Jordan meet. See great sandstone buildings down by the river and headstones marking the lives of the Midlands. Keep an eye out for Lythgo's Row. Opportunity to drop in to Shene Estate & Distillery for refreshments.

Stops for facilities available on the way. We arrive back in Cygnnet by 3 pm. **Low activity.**

Thursday 7 November

8.30 - 9 am until 3 pm

Hamilton

Today we are off to visit this small, Georgian and early Victorian village, which has remained largely unspoiled.

Visit its many historic buildings and the Jackson's Emporium – now a café – for lunch.

Stops for facilities available on the way. We arrive back in Cygnnet by 3 pm. **Low activity.**



Thursday 28 November

8.30 - 9 am until 3 pm

Rokeby — has a fascinating history. Visit St. Matthew's Church and read the intriguing sign on the fence at the front. See the Rokeby Watch House and old School House.

We'll travel along the Old Rokeby historic trail and stop for refreshments.

Stops for facilities available on the way. We arrive back in Cygnnet by 3 pm. **Low activity.**